

## *A place to grow.*

## *A place to make friends.*

At the newly-constructed Talbot County Senior Center, which opened July 2009, seniors of all interests and walks of life are celebrated in a place where

friendships grow and lives are enriched.

The Center is an environmentally sensitive facility with a state-of-the-art

green roof, and amenities including a yoga room, computer classroom with Internet access, exercise

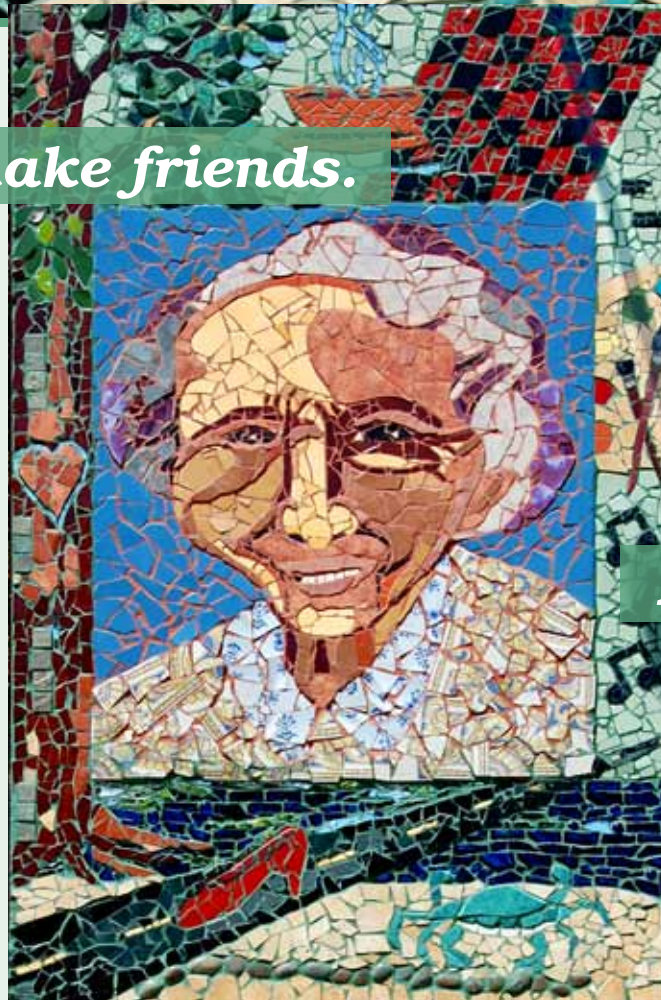
room, TV lounge, large dining area, game room, roof terrace, multi-purpose room and more.

The facilities also include a commercial kitchen and large reception room, which can be made available for private events, receptions, meetings and other social occasions.

Educational, wellness, recreational and social activities are offered year-round, giving seniors a place to grow, a place to thrive, and a place to connect.

## *A place to be well.*

## *A place to learn.*



## *A place to belong.*



### ACTIVITIES

*Arts & Crafts*

*Billiards*

*Bingo*

*Board Games*

*Card Games*

*Ceramics*

*Dancing*

*Dominoes*

## *A place to be active.*

*Exercise*

*Group  
Day Trips and  
Travel Excursions*

*Wellness  
Screenings*

*Luncheons  
and Snacks*

*Music*

*Quilting/Sewing*

*Call 410-822-2869  
for upcoming  
activities, classes,  
day trips and travel  
excursions.*

CLASSES  
*Arts & Crafts*  
*Computer Training*  
*Dancing*  
*Exercise*  
*Painting*  
*Wellness*  
*Yoga*



# A place for support.

## Meals

Nutritious lunches are served in a social setting at the Senior Center each weekday at noon to persons sixty years of age and older. While offered at no charge, a minimum contribution of \$2.50 is suggested for all meals.

Also through the Senior Center, *Meals on Wheels* are delivered to homebound, sixty-plus aged adults. The Center's volunteers, including members of local civic organizations, help with the deliveries to community members who are unable to prepare meals on their own.

## Senior Information and Assistance (I&A)

Contact the Senior I&A program manager about services available to the elderly, application assistance with Medicare and Medicaid, Part D prescription plans, referrals to other agencies and follow-up contacts. 410-822-2869

## Transportation

Delmarva Community Transit (DCT) provides public transportation to the Senior Center Monday through Thursday with 24-hour advanced notice required. Call 410-822-4155 for more information.

Ample parking is also available behind the Senior Center at Brookletts Place.

The Talbot County Senior Center is run through Upper Shore Aging, Inc., a nonprofit 501(c)(3) organization dedicated to serving Talbot, Caroline and Kent counties' growing population of nearly 22,000 persons over the age of sixty.

The new building was funded through the Talbot County Council, the State of Maryland and philanthropic individuals, foundations and organizations who care about the quality of life of older citizens.

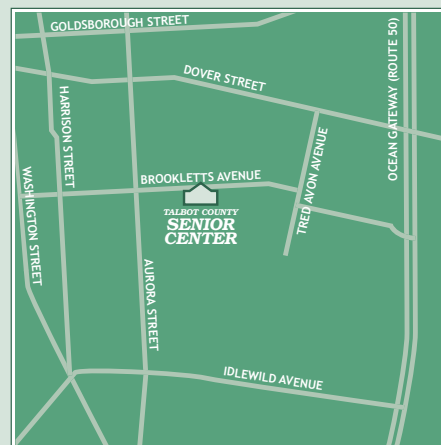
Talbot County citizens sixty years of age and older can register as Talbot County Senior Center members without charge. For a registration form, a schedule of classes and activities or for more information, call the Senior Center at 410-822-2869, email [info@uppershoreaging.org](mailto:info@uppershoreaging.org) or stop by the Center at 400 Brookletts Avenue in Easton, Maryland, Monday through Friday, 8am to 3pm.

*The mosaic tile mural shown in this brochure was created by participants of the Senior Center through the guidance of artist Sue Stockman. The project was funded through a generous grant from the Talbot County Arts Council.*

PHOTO CREDITS: Tracey Munson

## Talbot County Senior Center AT BROOKLETTS PLACE

400 Brookletts Ave. • Easton, MD 21601



# Talbot County Senior Center AT BROOKLETTS PLACE

**A place to connect.**

**A place to thrive.**

400 Brookletts Avenue  
Easton, Maryland 21601  
410-822-2869  
410-820-9563 fax